

**ACTION PLAN OF CELEBRATION OF INTERNATIONAL DAY OF YOGA ON
JUNE 21ST 2017 BY THE NSS ORGANISATION**

Unlike Last year 21st June 2016 was celebrated as International Day of Yoga by the various NSS Units in the country in a big way. This year also, NSS organization plans to celebrate the International Day of Yoga on 21st June, 2017 in the befitting manner. Following instruction are to be followed by all the Regional Directorate of NSS.

The following activities/programmes will be conducted by various NSS units in the country to celebrate the **International Day of Yoga on 21st June, 2017:**

- A workshop on Yoga will be conducted in all the Universities having NSS, which will be followed by demonstration and performance of series of Yog-Asanas,
- All the NSS Units will perform the Yog-Asanas in their campuses to mark the occasion.
- All the Special Camping programmes will have a component of performance of Yog-Asanas.
- The day will start with the performance of Yog-Asanas in all the National Level programmes, like Pre- Republic Day Parade Camps, Republic Day Parade Camp, National Youth Festival, National Integration Camp etc. being conducted by the NSS units all over the country.
- Rallies will be organised in all the capitals by the NSS volunteers to make the people aware about the benefits of Yog-Asanas and to motivate for living a healthy life.

CHSE,ODISHA,NSS BUREAU, BHUBANESWAR-13

Memo No. 167 /CHSE,dt. 05.04.2017

Copy forwarded to Principals and Programme Officers of all the institutions having NSS units for favour of information and necessary action. Proposals if any for release of financial assistance may kindly be submitted positively by 25.04.2017 along with details to enable the NSS Bureau to release grant after obtaining approval from the Government/Guardfile NSS for record.

Programme Coordinator

[Handwritten Signature]
05/04/2017