

No.NSS 192 /CHSE,Dt. 25.4.15

From

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Programme Coordinator, NSS.

To

The Principals of all the institutions having NSS Unit(s).

**Sub:- Celebration of International Day of Yoga on 21<sup>st</sup> June,2015 – Reg.**

Madam/Sir,

The 69<sup>th</sup> session of the United National General Assembly adopted by acclamation draft Resolution A/69/L.17 with a record number of 177 countries co-sponsoring it on 11<sup>th</sup> December, 2014. The Resolution establishes the International Day of Yoga (IDY) for observance by the United Nations on 21<sup>st</sup> June each year. The idea for declaring an International Day of Yoga at the United National was formally proposed by the Hon'ble Prime Minister of India. Shri Narendra Modi, in his maiden address to the 69<sup>th</sup> UNGA on 27<sup>th</sup> September, 2014.

The Government of India has proposed action plan to celebrate the International Day of Yoga by conducting various programmes / activities at the National Level, to give practical effect to the Resolution by ensuring that the First International Day of Yoga is commemorated in a befitting manner on June 21<sup>st</sup>, 2015.

To mark the occasion, it has been decided that NSS should also organize various activities / programmes to celebrate the day in befitting manner. The Ministry also desires that NSS should develop some action plan to propagate yoga in the country through the strong network of NSS. Yoga can be part of the various activities of NSS in the following manner:-

- 1) During the special camping programmes, one hour should be devoted to yoga everyday, where volunteers should be imparted training on yoga.
- 2) During orientation training for NSS volunteers, five hours of orientation training on yoga can be earmarked, apart from the regular orientation programme of twenty hours.
- 3) Lectures / workshops and other suitable programmes can be organized on yoga for the NSS volunteers.

A comprehensive report on this issues may be sent to the undersigned periodically.

Yours faithfully

  
Programme Coordinator.

Memo No. 193 /CHSE,dt. 25.4.15

Copy S.L.O-Cum-Dy.Secy.to Govt.,Deptt. Of Higher Education,Odisha, Bhubaneswar-1/ Head of Office, NSS Regional Centre, Govt. of India, Kalinga Stadium,Bhubaneswar-751012 for kind information / Guardfile NSS for record & reference.

RR.

  
Programme Coordinator